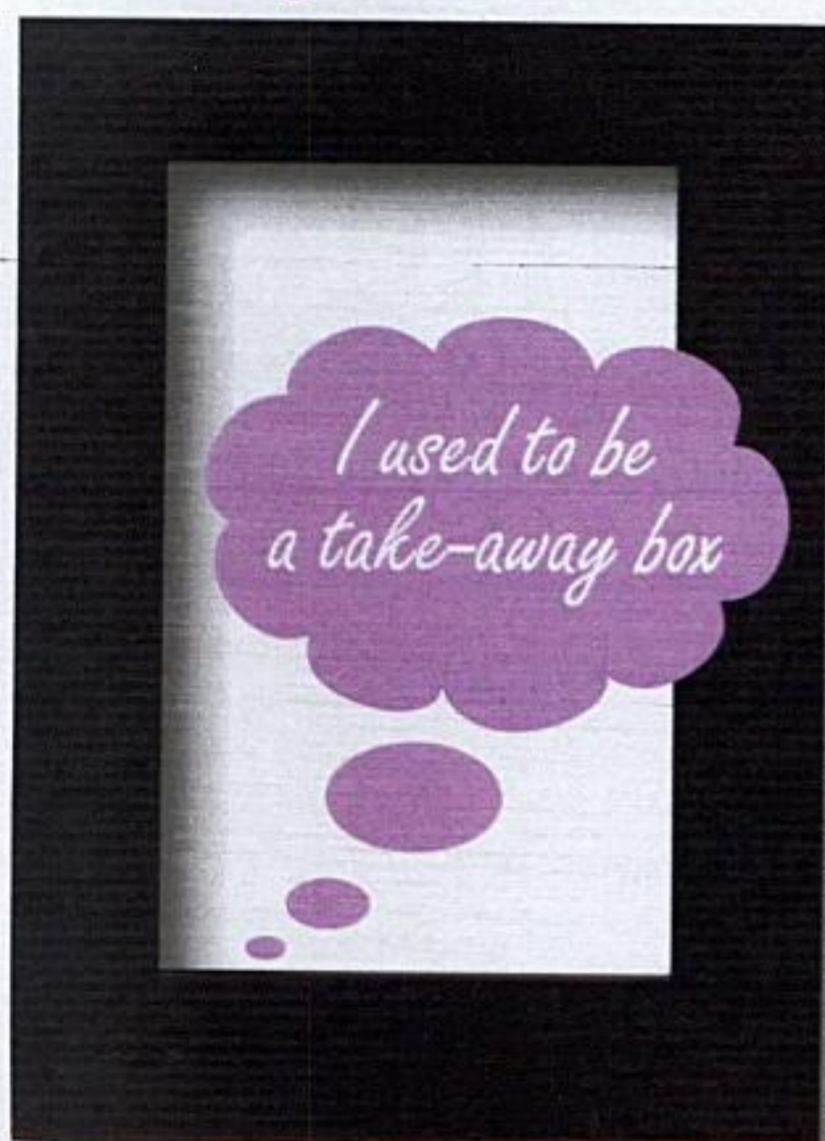


# get organised

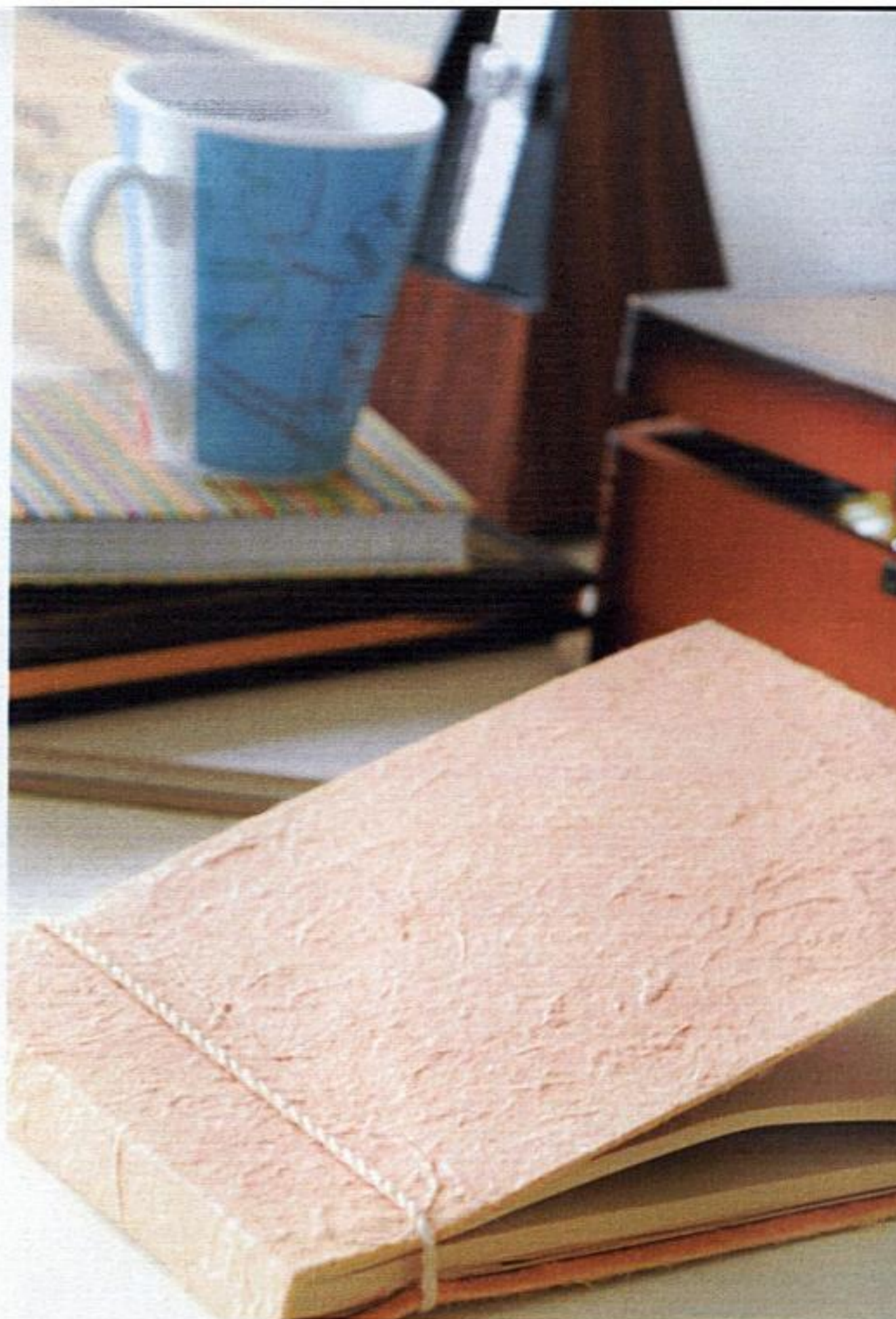
## *Poly wants a make-over...*



We should all be sorting our rubbish so that most of it can be used for recycling. In South Africa and around the world

polystyrene from burger boxes and other packaging is being recycled into various useful items such as photo frames, rulers, staplers and coat hangers.

To increase awareness of the uses of polystyrene, its impact on the environment and its recycling potential, manufacturers, consumer bodies and recycling organisations recently formed the Polystyrene Packaging Council (PSPC) in South Africa. To find out more about the many uses and benefits of polystyrene and how you can help make a difference to the environment, contact 011 793 2658 or visit [www.polystyrenepackaging.co.za](http://www.polystyrenepackaging.co.za)



## Leave a legacy...

...a readable one that is, by keeping a family journal. Record all the places you've been, houses and neighbourhoods you've lived in and the people in your life at that time. Even though your children might not appreciate it right away, one day they'll treasure the memories you kept alive. Your grandchildren will have a tradition to continue and their family history will be captured forever.

Since the digital age took over memory lane, most of us no longer treasure the photos we took the trouble to take. So print out your favourite ones and paste them in your journal to appreciate the memory behind them.

**PARTY HINT**  
When blowing up balloons for a party put a drop of PVA glue inside the knot. This will seal the balloon and keep it inflated for far longer.

## Clean-up act

The more chemicals the better? The more vigorous the rubbing, the shinier the surface? Unfortunately this isn't true. Combining different cleaning products or mixing chemicals can be counterproductive when removing stains, and even damage the surface. Make sure you know what caused the stain and if in doubt, ask someone who can recommend the best remover. Using a diluted vegetable-based dishwashing liquid and a bristled brush will clean your loo just as well as bleach does. Remove dirt below the waterline by dropping two effervescent unflavoured Vitamin C tablets into the toilet and leave overnight.

