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ECO IDEAS

Simple ways to save the earth today

■ **SHOP RESPONSIBLY...**

Woolworths has introduced several lesser-known sustainable fish species to its shelves, as well as a labelling system for seafood that corresponds to the South African Sustainable Seafood Initiative's (SASSI) colour system.

■ **REUSE AND RECYCLE...** Did you know that polystyrene can be recycled as many as 20 times? To find out where your nearest polystyrene recycling depot is, visit www.polystyrenepackaging.co.za.

■ **CLEAN UP YOUR ACT...** Make the switch to Woolworths' new Earth Friendly range of eco-sound household cleaning products.